Size Information

Measure the thigh circumference 15 cm above knee.
Measure the calf circumference 15 cm below knee.

Size	S	M	L
Thigh Circum. (cm)	39-47	47-54	54-60
Calf Circum. (cm)	29-37	37-43	43-50

Washing Instruction

Remove metal splint or hinge prior to washing.
Hand wash in cold water with mild soap, gentle cycle.
Rinse well and air dry.
Do not dry clean or tumble clean; do not use bleach.
Do not expose this brace to any heat source.

Caution

If allergic skin rashes occur, please consult your physicians.
If users get skin disease, don't transfer the device to others.
Do not use more than 24 hours of continuous.

Indication

- For uni-compartment OA patient
- Mild to moderate OA knee user

Contraindication

- Paraesthesia
- Severe varicose vein
- Skin disorders or injuries in the relevant area
- Impaired lymphatic drainage

Recommendation

These products are to be used only by those which have been medical specialist. In order to dispose of the product, comply with the legal norms of your country. If any serious incident that has occurred in relation to the device should be reported to the manufacturer and the competent authority of the Member State in which the user and/or patient is established.

Classification

Class I medical device, non sterile, no measure-ment function. This product fulfils the Medical Device Regulation (EU) 2017/745.

PARADIGM BRACING

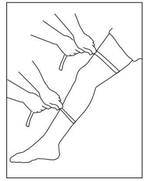
Application Instruction

SHIFT OA

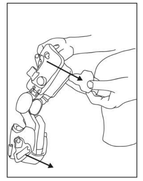


INSTRUCTIONS FOR USE

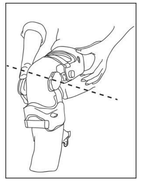
SHIFT-52



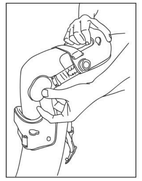
1.Measure the circumferences of the thigh 15cm above the center of the patella and the calf 15cm below the center of the patella.



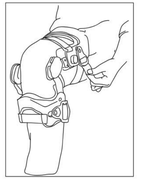
2.Loosen all the straps and release the outside buckle.



3.Sit on the chair and bend the knee at approximately 90 degrees.
4.Put the brace on the leg and position the center of hinge slightly above the center of your patella.

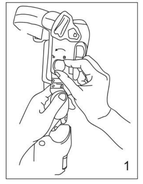


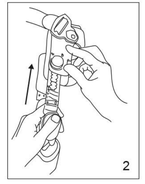
5.Unlock the knob to adjust the brace length to fit leg shape and remember to relock the knob back.

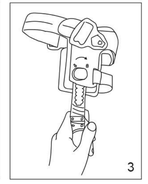


6.Fasten the lower and the upper buckles.
7.Tighten the lower and the upper straps, make sure your leg is in comfort.
8.Bending the knee several times or walking for a few minutes is recommended.

How to use knob?

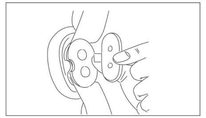




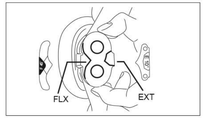


1.Turn the knob to the unlocked mark.
2.Adjust to the proper length to fit the leg shape.
3.Turn the knob to the locked mark.

How To Adjust Range of Motion



1. Take off the ROM adjustment cover.



2.Identify the flexion & extension pegs.
"E" represents extension.
"F" represents flexion.
Put on the appropriate pegs.



3.Put on the cover until "click" achieved.